I need to vent sorry

hydrafalling2

ive wasted my life

im a complete mess

i don't think I'm going to graduate high school

how could I have done this, what happened

it wasn't so bad when I had friends to talk to, but now they're all gone and I'm alone

there's nobody to talk to about anything

i dont think i can do this

im falling apart

16

It's the hydra fellow

#furryrightsactivist
#endpitbullracism
#blicket

"Boi" is a gender neutral term

joined: Dec 17, 2014
star count: 14400 (+589)
page count: 242

I need to vent sorry

hydrafalling2

I've struggled with depression for a few years now, and anxiety my entire life

its so, so much worse now

everything is so wrong

im so trapped, im such a waste

what happened??

its my fault

4

It’s the hydra fellow

#furryrightsactivist
#endpitbullracism
#blicket

“Boi” is a gender neutral term

joined: Dec 17, 2014
star count: 14400 (+589)
page count: 242

I need to vent sorry

hydrafalling2

I just feel... so awful

3

It’s the hydra fellow

#furryrightsactivist
#endpitbullracism
#blicket

“Boi” is a gender neutral term

joined: Dec 17, 2014
star count: 14400 (+589)
page count: 242

I need to vent sorry

risingsea23

Oh no Hydra... I'm so sorry. Is there anything I can do?

4

}{Sea}{

"Be a rainbow in someone else's cloud"

Forum Fam: Imagine, Amare

"Can you remember who you were before the world told you who you should be?"

I need to vent sorry

hydrafalling2

Really just... be there I guess

4

It's the hydra fellow

#furryrightsactivist
#endpitbullracism
#blicket

"Boi" is a gender neutral term

joined: Dec 17, 2014
star count: 14400 (+589)
page count: 242

I need to vent sorry

hydrafalling2

I slept for six hours today and got literally nothing done

what's *wrong* with me

im such a failure

i just want to be a decent excuse for a human being

im so pathetic and lazy

3

It's the hydra fellow

#furryrightsactivist
#endpitbullracism
#blicket

"Boi" is a gender neutral term

joined: Dec 17, 2014
star count: 14400 (+589)
page count: 242

I need to vent sorry

ghostlynx120

It's not bad to have some days to relax. You deserve to have some time for you, and that's not being lazy or pathetic, that's being healthy and good. You need your alone and down time, just a breather to help yourself relax.

4

Keep going, friend :D! I believe in you!

'Goat like yelps'
-Hootsie

#SupportPeri

Basic psychology. Also I read a lot of memes.

I scream a lot!

I need to vent sorry

celebratinghappy69

Hydra, you’re not a failure! I’m sure lots of people love you too. Maybe talk with someone, like a psychologist, or your family to sort out your thoughts. Just know that someone out there always believes in you, even if it’s just a stranger on the internet

4

The Positivity-Bot!
You're a diamond dear, they can't break you
When you can't find the sunshine, be the sunshine!
"Believe you can and you're halfway there"
The glass is all the way full! It's 50% water and 50% air!
~*Cultivate Kindness*~
Ⓚⓔⓔⓟ Ⓢⓜⓘⓛⓘⓝⓖ

I need to vent sorry

risingsea23

Don't say that! *huggles* You're amazing! You're kind and funny and awesome. You have to tell yourself that, because it's true!

2

}{Sea}{

"Be a rainbow in someone else's cloud"

Forum Fam: Imagine, Amare

"Can you remember who you were before the world told you who you should be?"

I need to vent sorry

hydrafalling2

I just want... a proper friend

2

It’s the hydra fellow

#furryrightsactivist
#endpitbullracism
#blicket

“Boi” is a gender neutral term

joined: Dec 17, 2014
star count: 14400 (+589)
page count: 242

I need to vent sorry

risingsea23

I'll be there for you. You can rant your heart out to me. I'll even be your forum fam if you want. You can tell me everything, ok?

0

}{Sea}{

"Be a rainbow in someone else's cloud"

Forum Fam: Imagine, Amare

"Can you remember who you were before the world told you who you should be?"

I need to vent sorry

outsmartingbasilisk18

Hugs Hydra

I'm sorry I'm not around anymore, but I hate seeing you upset. You're not a failure, and you're not a terrible human being. I hope you get better, and I wish there was more that I could do.

2

Basilisk

Ancient Queen of Snakes

Sovrano, Discord, Basil, Armonia, Beam

#RememberAngel

#Duality
#GvE
#Creativity

I need to vent sorry

flyingpig319

Yes friends are good

Have you tried a counselor? Therapist? Maybe you could talk to someone on those suicide prevention sites, like 7 cups of tea or something?

You're amazing, Hydra!

0

M•o•o•n•f•l•i•g•h•t

Each of us bear our own cross

[**Come and talk to me; 341245**]
[| **She/her** | **MN** | **Since 7/31/17** |]

Now @ moonflying31 :D

I need to vent sorry

hydrafalling2

Thanks guys, it really means a lot, I'm feeling much better now

1

It's the hydra fellow

#furryrightsactivist
#endpitbullracism
#blicket

"Boi" is a gender neutral term

joined: Dec 17, 2014
star count: 14400 (+589)
page count: 242

I need to vent sorry

risingsea23

:) No problem

0

}{Sea}{

"Be a rainbow in someone else's cloud"

Forum Fam: Imagine, Amare

"Can you remember who you were before the world told you who you should be?"

I need to vent sorry

flyingpig319

I'm glad you feel better!

~~wait do you read countryballs too~~

0

M•o•o•n•f•l•i•g•h•t

Each of us bear our own cross

[**Come and talk to me; 341245**]
[| **She/her** | **MN** | **Since 7/31/17** |]

Now @ moonflying31 :D

I need to vent sorry

wolffire1040

Hey, Hydra. You care about me, right?

0

Sage of the Universe, Giver of Writing Advice

I'll respect your opinion as long as your opinion doesn't disrespect anyone else's life

LONG LIVE ANARCHY, DESTROY YOUR LOCAL GOVERNMENT, AND BE CAREFUL: SERPENTINE IS 100% SALT

/318748

I need to vent sorry

wolffire1040

Riiiight?

0

Sage of the Universe, Giver of Writing Advice

I'll respect your opinion as long as your opinion doesn't disrespect anyone else's life

LONG LIVE ANARCHY, DESTROY YOUR LOCAL GOVERNMENT, AND BE CAREFUL: SERPENTINE IS 100% SALT

/318748

I need to vent sorry

flyingstudy89

I am in that boat. I used to just be a slave to anything that I shouldn't be doing. I still am, but it is getting better in my case and I can say
effort makes your situation better. One of the biggest things that helped me was finding the root of what was causing my negativity and anxiety just for me it was food my escape. I was way overeating on bad food. It was my escape to just shut off my horrible existence for the amount of time a amazing sensation was going on in my mouth as it took some focus away from the awful ones in my mind. Or in the case of my heavy addiction to energy drinks and sugar a sensation of positivity that would last a larger amount of time. The problem was the escape from bad emotions were causing real health issues and they were distracting from me dealing with the initial bad problems. It is a vicious cycle of feeling bad so I would make myself feel better by making the initial badness worse. I cut out energy drinks and started taking vitamins I

would say my issues mentally are still there but they come up in far more specific times and I realize at least 20 percent of the nagitivity I was feeling was my addiction making my feel the way that would make me feed the addiction. 80 percent is slowly leaving as i make other health changes and take command of my brain. So well I am far from off the war field against a worse form of me I think I have come far enough to give some advice.
1 inturduce yourself to what you know you need to be doing. Once I realized my obsession with bad food was a leading cause of my psychological havoc I could start to fight it and I did it by inturducing myself to vitamins which I take daily, to a gym membership which I do instead of donut binges. To a set of dumbbells which I press instead of taking out my aggression on a empty van of rockstar assault.

2 get help. It is hard to talk to your parents or friends about emotions especially when you don't fully understand them. But helplines based in Texas that are anonymous won't effect your real life in the same way opening up the same info to a friend will. You will still be able to rant to a real person and get that benefit without the social judgement. Of chores it is better to deal with the possible judgement and get a doctor if you can but for me helplines and online friends are what I can do. I advise you do donthe same. Thank you

1

Stephen

Writer

inventor

creator

SCHOLASTIC
open a world of possible

PRIVACY POLICY • Terms of Use • TM ® & © 1996-2019 Scholastic Inc. All Rights Reserved.